



C . A . R . F .

On **fire** for research and a cure!

**7<sup>th</sup> International Patient-Doctor Conference**  
**Hampton Inn & Suite New Orleans Convention Center**  
**New Orleans, LA, USA**  
**June 3-5, 2016**

# Welcome to New Orleans!

Dear Friends, Patients, and Colleagues,

Thank you so much for joining us for the 7th Biennial International Patient-Doctor CARF Conference in New Orleans!

Although this town is known as the Big Easy, the entire CARF family has been working diligently for nearly 2 years to make this meeting a reality.

We hope you will enjoy this time together with fellow friends and colleagues who care about hair. The meeting will kick off with a Friday night event at a French Quarter venue with balcony views of the iconic Jackson Square and classic local flavors. Our Saturday meeting will be chock-full of scientific lectures about cicatricial alopecia, medical treatments, surgical treatments, and the latest in cutting-edge research. It will wrap up with coverage of non-medical treatment options such as camouflages and tattooing. The Saturday dinner will be a great chance to mingle with others, enjoy a great meal, and take in a surprise musical performance!

On Sunday morning participants will be able to express themselves in smaller breakout groups. Additional lectures will focus on things like diet, social media, and mental health. The meeting will wrap up at noon with an uplifting message to carry the CARF mission of hope and research "on fire for a cure" until our next Patient-Doctor Conference.

*Laissez les bons temps rouler!*

Nicole Rogers, MD FAAD



## GENERAL INFORMATION

### Hotel Information:

**Hampton Inn & Suites New Orleans Convention Center**  
1201 Convention Center Blvd., New Orleans, LA 70130 USA  
Tel: 1-866-311-1200 or 1-504-566-9990  
<http://www.neworleanshamptoninns.com/hampton-inn-convention-center>

A restored property housed in a historic landmark building, the Hampton Inn & Suites New Orleans Convention Center provides unique, luxurious accommodations in an ideal location. Set amid the vibrant Arts & Warehouse District, across from the Ernest N. Morial Convention Center, our upscale New Orleans hotel is the perfect home base for business travelers. With spacious, beautifully-appointed rooms, free Wi-Fi, a hot daily breakfast, LCD flat-screen LG TVs with premium cable, refrigerators, microwaves, and good, old-fashioned Southern hospitality, this New Orleans Convention Center hotel provides an unforgettable lodging experience in one of the world's most unforgettable destinations.

### Parking:

Overnight parking is available at the rate of \$34/night. The hotel does not allow self-parking for overnight guests. A daily parking rate of \$15 per day is available for those not staying at the Hampton Inn & Suites. This does not include in and out privileges. All parking is subject to a 12% sales tax.

### Attire:

Casual attire is appropriate throughout the conference.

### Evaluations:

Your feedback is important to CARF. Please complete a conference evaluation before you depart from the conference. Evaluations may be deposited in one of the marked black boxes.

### Questions for the Experts:

Saturday/June 4<sup>th</sup> we will have an "Ask the Experts" panel from 1:00PM-2:30PM. Please write down your question for the panel on the form provided in your registration packet. The forms may be deposited in one of the marked black boxes by 12:00PM on Saturday or turned in to the registration desk.

### Photography:

Volunteer photographers will be taking photos of the conference throughout the weekend. These photos may be used for the CARF website, Facebook page or newsletter. If you prefer to not have your photo taken, please feel free to step out of the photo or ask the photographer not to take your picture.

## CARF HEADQUARTERS & STAFF

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# CONFERENCE PROGRAM

## Friday, June 3, 2016

**6:30PM-9:00PM**      **Reception at Tableau (616 St. Peter Street, New Orleans)...** Green Room  
*Thank you to Dr. Nicole Rogers and the South Louisiana Support Group for sponsoring this reception*

## Saturday, June 4, 2016

**7:30AM-9:30AM**      **Registration**.....Grand Ballroom Foyer

**7:30AM-5:00PM**      **Exhibit Viewing**.....Grand Ballroom

**8:30AM-12:00PM**      **Opening Session**.....Grand Ballroom

8:30-8:35      Welcome      Nicole E. Rogers, MD, Conference Chair & Elayne Kuehler, South Louisiana Support Group Leader

8:35-8:40      CARF Update      Rita Wanser, Chairman of the Board, CARF

8:40-8:45      Basics of Cicatricial Alopecia      Melissa Piliang, MD, Cleveland Clinic

8:45-9:00      Lichen Planopilaris (LPP)      Wilma F. Bergfeld, MD, Cleveland Clinic

9:00-9:15      Frontal Fibrosing Alopecia (FFA)      Antonella Tosti, MD, University of Miami

9:15-9:30      Central Centrifugal Cicatricial Alopecia (CCCA)      Yolanda Lenzy, MD, MPH, University of Connecticut

9:30-9:50      Folliculitis Decalvans, Dissecting Cellulitis, DLE, & Others      Lady Dy, MD, Rush University

9:50-10:05      Break

10:05-10:15      Q&A

10:15-10:35      First-line Medical Therapies      Lynne Goldberg, MD, Boston University

10:35-10:55      Advanced Medical Therapies      Erin Boh, MD, PhD, Tulane University

10:55-11:10      Surgical Treatment of Scarring Alopecias      Marc R. Avram, MD, Cornell Medical College

11:10-11:20      The Role of the Test Transplant      Nicole E. Rogers, MD, Tulane University

11:20-11:50      So What's Causing this Condition?      Jeff Donovan, MD, PhD, University of Toronto

11:50-12:00      Q&A

**12:00PM-1:00PM**      **Box Lunch Available** – mingle with conference attendees

**1:00PM-2:30PM**      **Ask the Experts Panel**.....Grand Ballroom  
 Moderator: Lynne Goldberg, MD, Boston University

**2:30PM-5:30PM**      **Afternoon Session** .....Grand Ballroom

2:30-2:50      Updates in the Evaluation and Treatment of Cicatricial Alopecias      Wilma F. Bergfeld, MD, Cleveland Clinic

2:50-3:10      Lasers for Hair – Do We Care?      Ronda Farah, MD, University of Minnesota

3:10-3:25      Update on Gabapentin for Cicatricial Alopecias      Maria K. Hordinsky, MD, University of Minnesota

3:25-3:35      Q&A

3:35-3:50      Wigs & Hairpieces      Ruth Addison and Amy Pinnell, The Total Woman Boutique

3:50-4:05      Hair Thickeners and Camouflages      Adriana Schmidt, MD, John Wayne Cancer Institute

4:05-4:30      Simple Skincare for the Face and Scalp      Katherine Ziblich Holcomb, MD, Tulane University

4:30-5:30      Cosmetic Tattooing – Scalp, Eyebrows, and Eyeliner, Video and Discussion      Debbie Guastella

**5:30PM-6:30PM**      **Cocktail Reception** – non-alcoholic refreshments complimentary and cash bar .....Grand Ballroom Foyer

**6:30PM-9:30PM**      **CARF Dinner** – featuring “J.O.Y.” from Lori Bertella and a surprise musical performance.....Grand Ballroom

## Sunday, June 5, 2016

**8:00AM-9:00AM**      **Support Group Leaders Meeting**.....Bienville Room  
 Patient and physician support group leaders and those interested in starting a support group are invited to attend to share strategies and best practices for facilitating CARF support groups

**9:00AM-10:00AM**      **Express Yourself Support Groups**.....Grand Ballroom  
 Spend time sharing and supporting other patients on their journey. Pre-registration required.

**10:00AM-12:00PM**      **There's More to Care For Than Hair**.....Grand Ballroom

10:00-10:15      The Role of Social Media in Cicatricial Alopecia      Hacho Semerciyan, *Let's Put Out the Fire*

10:15-10:35      Botanical Treatments for Hair Loss      Nicole E. Rogers, MD, Tulane University

10:35-10:55      Jazz Up Your Nutrition for Optimal Skin & Hair      Patricia Farris, MD, Tulane University

10:55-11:10      The best of all worlds      Alan J. Bauman, MD

11:10-11:20      Q&A

11:20-11:50      Maximizing Your Mental Health      Caroline A. Champion, MD, Tulane University

11:50-12:00      Closing Remarks      Christine Janus, CARF Board of Directors

**12:15PM**      **Official Conference Adjourns**

**4:30PM-6:00PM**      **Optional: Sunday Afternoon Social Gathering**.....Breakfast Room  
 Hosted by Marilyn Ey, San Francisco Support Group Leader

## SPEAKER BIOGRAPHIES

### **Ruth Addison & Amy Pinnell**

*The Total Woman Boutique*

### **Marc R. Avram, MD**

Marc R Avram MD is Clinical Professor of Dermatology at Weill Cornell Medical College and in private practice in New York City. He has authored five textbooks on hair and cosmetic dermatology and serves on the editorial boards of several peer-reviewed journals, and has shared his expertise hundreds of times as an invited lecturer at professional meetings worldwide.

### **Wilma F. Bergfeld, MD**

Cleveland Clinic. Wilma Fowler Bergfeld, MD, F.A.C.P., is Past Head of the Section of Dermatopathology in the Department of Pathology and Staff Dermatologist and Past Head of the Section of Dermatological Research in the Department of Dermatology at Cleveland Clinic. In addition, she is the Director of Cleveland Clinic's Dermatopathology Fellowship and Professor of Dermatology and Pathology at the Cleveland Clinic Educational Foundation. Dr. Bergfeld's specialty interests include hair disorders, photoaging and cosmetic dermatology. In 1996, she received the Women's Dermatological Association Rose Hirschler Award honoring an outstanding physician who has contributed to medicine and dermatology while enhancing the role of women in the field of Dermatology. She received the American Academy of Dermatology's prestigious Marion B. Sulzberger Award in 1997 and was the recipient of the AAD Golden Triangle Award 2000 for Community Service. In 2000, she was the first recipient of the Wilma F Bergfeld MD Leadership Award, presented by the Women's Dermatology Society. In 2005, the Cleveland Academy of Medicine awarded her the "John Budd, MD, Distinguished Member Award. The American Society Dermatopathology in 2007 awarded her the prestigious "Founders Award" and she was elected 2009 President of the American Society of Dermatopathology. Dr. Bergfeld has received many AAD Presidential citations that have included Leadership in AAD Communications and the Volunteer Circle. In 2008, she was awarded Marian Duran Metal, awarded by the International Society of Dermatology. Since 1995, she has been cited in "Best Doctors in America," "Top Doctors," "Top Pathologist," and in numerous Who's Who publications. Dr. Bergfeld is the author of more than 600 publications, three books and 65 book chapters. She has served on many editorial journal boards and has been a reviewer in the both her professional fields of clinical dermatology and dermatopathology.

### **Lori Bertella**

Lori Bertella is a CICAL patient and is passionate about speaking on the topic. She leads a support group in her hometown of Pittsburgh, PA. She is a full-time employee with FedEx, and spent much of her career teaching leadership principles, change/transition management, emotional intelligence, and many other self-development programs. She holds a Master's Degree in Education. The biggest "love" in Lori's life is her 9 year old son, Mitch. When not working or spending time with Mitch, she is an avid reader, enjoys wine and beer tastings, and enjoys hiking, yoga, and running (a necessity because of the wine and beer tastings!).

### **Erin Boh, MD, PhD**

Erin Boh MD PhD, Clinical Professor of Dermatology, is Chairman of the Department of Dermatology at Tulane University Health Sciences Center, New Orleans, LA. She received her PhD in Biochemistry from Tulane University School of Medicine and her medical degree from Tulane University School of Medicine. Dr. Boh completed an internship in Internal Medicine at Tulane University School of Medicine and her residency in Dermatology at University of Texas Southwestern Medical School and served as chief resident. She has served on numerous committees of the AAD, including the Editorial Board of the JAAD. She is a member of the American Dermatological Association (ADA). She serves on the Medical Board of the National Psoriasis Foundation and is a Senior Deputy Editor of the Psoriasis Forum, a publication of the NPF. Currently, Dr. Boh serves on the Board of Directors of the American Academy of Dermatology. Dr. Boh has been named consistently as one of America's Top Doctors by Castle Connolly and Best Doctors in America for 7 years as well as Best Doctors in Louisiana and New Orleans for over 10 years. Dr. Boh has many peer review publications and has written chapters in 6 books on Psoriasis, T-cell lymphoma, Xanthoma, Photosensitivity and Photoaging. She is Principal Investigator of numerous clinical trials, including Psoriasis, Psoriatic Arthritis, Atopic Dermatitis and T-cell lymphomas.

### **Caroline A. Campion, MD**

Caroline A. Campion, MD is an Assistant Professor of Clinical Psychiatry and Behavioral Sciences at Tulane University School of Medicine. She received her MD and MPH&TM from Tulane School of Medicine and Tulane School of Public Health respectively. She has worked largely with community mental health clinics providing psychiatric services through telepsychiatry. Additionally she has worked to supervise residents in school-based health clinics in the greater New Orleans area. Her other interests include complementary and alternative medicine, mindfulness, yoga and other contemplative practices and their applications in mental health.

### **Jeff Donovan, MD, PhD**

Dr. Jeff Donovan is a dermatologist with a practice devoted exclusively to the treatment of hair loss. He has offices in Toronto and Vancouver. He is the director of the hair loss program at the University of Toronto and leads a comprehensive clinical program for scarring alopecia in Vancouver.

## SPEAKER BIOGRAPHIES

### **Lady Dy, MD**

Dr. Lady C. Dy is a board certified dermatologist and dermatopathologist. She is an associate professor of dermatology, the director of dermatopathology and the residency program director of the dermatology program at Rush University Medical Center. Dr. Dy has expertise in hair disorders, scalp diseases and ethnic and skin and scalp conditions. With her expertise in dermatopathology, Dr. Dy's medical practice provides a combined clinical and histologic approach in diagnosing hair and scalp diseases in all skin types. Dr. Dy received her BS degree, Magna Cum Laude, in Biomedical Sciences and an Master's in Science with highest distinction in Biological Sciences from Western Michigan University. She obtained her medical degree from the highly regarded McMaster University Medical School in Ontario, Canada. She joined the Department of Dermatology at RUSH University Medical Center in 2003. Since her appointment Dr. Dy has lectured and presented nationally on various topics on hair. She has also published numerous articles and has written book chapter on the biology of hair, ethnic hair and office diagnosis of hair shaft disorders. Dr. Dy is fluent in various Chinese dialects as well as Tagalog, the native language of the Philippines.

### **Ronda Farah, MD**

Dr. Farah is Director of Medical Dermatology at the University of Minnesota Health (UMN) Maple Grove Clinics and the founder and Director of the UMN Health Cosmetic Center, Dermatology. The comprehensive center is a unique multidisciplinary collaboration including cosmetic dermatology, plastic surgery, oculoplastics and otolaryngology. Dr. Farah serves on the American Academy of Dermatology's Diversity (AAD) Task Force and the Women's Dermatologic Society Academic Dermatologists Committee. She has received numerous grants including those from the Minnesota Medical Foundation and North American Hair Research Society along with investigator-initiated pharmaceutical based funding. Dr. Farah has numerous peer-reviewed publications and lectures on international platforms. Her professional interests also include teaching and healthcare-related quality improvement.

### **Patricia Farris, MD**

Dr. Patricia K. Farris is a board certified dermatologist and nationally recognized expert on anti-aging therapies. She is a well-recognized authority on cosmeceuticals and topical skin care, and has published and lectured extensively on these subjects. She is editor and contributor to the textbook *Cosmeceuticals in Cosmetic Practice* (Wiley Publishing 2014). She has influenced both product development and overall strategic direction by serving as a consultant to cosmetic companies including Revlon, Neutrogena, Nivea, and L'Oreal. Dr. Farris is known for her interest in the emerging field of nutricosmetics, which explores the role of nutrition and nutritional supplements for improving appearance. In her practice she uses nutritional approaches to treat conditions like acne and as part of a comprehensive anti-aging treatment regimen. She is co-chair of the American Academy of Dermatology's work group on complementary and alternative medicine. Her book *The Sugar Detox* (De Capo Press, 2013) offers a combined nutrition and skin care program designed to prevent premature aging, weight gain and health problems that are caused by excessive sugar consumption. *The Sugar Detox* has been featured on Dr. Oz, Access Hollywood Live and Better TV, Great Day Houston and Sirius XM Doctor Radio. Dr. Farris is a media expert for the American Academy of Dermatology and has appeared numerous health-related television segments on dermatology including appearances on CNN, NBC News, The Tyra Banks Show, Good Morning America, and Sirius XM Radio. She is a regular guest and contributor for WWL Eyewitness Morning News (CBS affiliate). Dr Farris has been quoted extensively in newspaper and magazines including The Wall Street Journal, New York Times, Allure, Prevention, O Magazine, Elle, Shape, W Magazine, In Style, New Beauty, Real Simple and Good Housekeeping.. She has been chosen as one of America's Top Doctors, and voted by readers of New Orleans' Gambit Magazine as Top Dermatologist in New Orleans. She received her medical degree and completed residency training in dermatology at Tulane University where she served as chief resident. Dr. Farris is a fellow of the American Academy of Dermatology and member of the American Society of Dermatologic Surgery, American Society for Laser Medicine and Surgery, International Society for Cosmetic Dermatology, American Dermatologic Association and The Women's Dermatologic Society. She has over 25 years of clinical and research experience and is an active member of the teaching faculty at Tulane University.

### **Lynne J. Goldberg, MD**

Dr. Lynne Goldberg is Professor of Dermatology and Pathology and Laboratory Medicine at Boston University School of Medicine. She is triple boarded in internal medicine, dermatology and dermatopathology, and divides her time evenly between the practices of dermatology and dermatopathology. In addition to signing out cases at the Skin Pathology Laboratory at Boston University, she directs the Hair Clinic at Boston Medical Center. Her clinical practice is limited to patients with hair disorders. She is a scientific advisor to CARF and on the editorial board of the *Journal of Cutaneous Pathology*. She is an avid teacher and lecturer and is the recipient of several teaching awards.

### **Debra A. Guastella**

Debra has been practicing permanent cosmetics and paramedical tattooing in the Greater New Orleans area for over 15 years. She started her permanent cosmetic career in 1995 in a prominent plastic surgeon's office until 2005, when she opened the Guastella Institute for Permanent & Corrective Cosmetics, one of the few stand alone permanent cosmetic facilities in the state. She is a certified permanent cosmetic technician and licensed through the State of Louisiana. Debra served as a Board of Director for 5 years for the Society of Permanent Cosmetic Professionals, the largest governing organization in the permanent cosmetic industry globally. She now serves as the SPCP Convention Coordinator, Louisiana state delegate and Convention Emcee. She has traveled to Brazil, Belgium, Canada, Puerto Rico, Mexico and many locations in the US teaching fundamental and advanced training, specializing in areola repigmentation procedures. Last year she presented to the American Society of Plastic Surgical Nurses convention in Chicago. In 2004 she was recognized as outstanding business women of the year. She has been a featured segment for both ABC and NBC local news stations. Debra has been on the cover of many local magazines and newspapers for both permanent cosmetic procedures and paramedical tattooing. She is an industry leader, keynote speaker and a respected industry trainer. Today, she continues to offer services for all aspects of permanent cosmetics, areola restoration and repigmentation and scar camouflage at her facility, The Guastella Institute of Permanent Cosmetics in Metairie.

## SPEAKER BIOGRAPHIES

### **Katherine Ziblich Holcomb, MD**

Dr. Katherine Ziblich Holcomb, board certified dermatologist, joined the Lupo Center for Aesthetic and General Dermatology in August 2012. Dr. Holcomb practices the full range of medical, surgical and aesthetic dermatology. She is a clinical assistant professor of dermatology at Tulane University School of Medicine where she supervises the residents cosmetic injectables. Dr. Holcomb has specialized training in patch testing, contact dermatitis and treating ethnic skin types. She is an advocate for sun protection and has organized a number of free skin cancer screenings sponsored by the American Academy of Dermatology. A native New Orleanian and valedictorian of her graduating class at Dominican High School, Dr. Holcomb received a full scholarship to Tulane University where she attained a bachelor of science in cellular and molecular biology from Newcomb College and then a master's of science in public health. She assisted with medical research in Indonesia the year before attending medical school. Dr. Holcomb graduated from Tulane University School of Medicine in 2004 with the Mark Gibbs III graduation award and stayed at Tulane to complete her internal medicine internship. She concluded her dermatology training in New York City at Saint Luke's-Roosevelt Hospital of Columbia University College of Physicians and Surgeons in 2008 and was elected chief resident in her final year. Dr. Holcomb received a number of scholarships during her residency and was able to train with dermatology experts in Florida, New York, Scotland and New Orleans. After graduating from residency, Dr. Holcomb entered active duty with the U.S. Navy to fulfill her commitment for the Health Professions Scholarship Program. Dr. Holcomb served as a clinical professor and staff dermatologist for the National Capital Consortium Dermatology Residency at Walter Reed Army Medical Center in Washington, D.C., and the National Naval Medical Center in Bethesda, Maryland. She completed her service in the U.S. Navy in July 2012 caring for the Marine Corps at Camp Lejeune and received an honorable discharge as a lieutenant commander. Dr. Holcomb is a member of the American Academy of Dermatology, American Society of Dermatologic Surgeons, North American Contact Dermatitis Society and the Women's Dermatologic Society, for which she has served on a number of committees. She is happy to be home in New Orleans where she currently serves Tulane Medical Alumni Association Board. Dr. Holcomb enjoys cooking, traveling, bike riding and being active outdoors with her husband and two sons, Paul and Christopher.

### **Maria Hordinsky, MD**

Dr. Hordinsky is nationally and internationally recognized for her expertise and research in hair diseases and the peripheral nervous system as it relates to hair follicle biology. Dr. Hordinsky completed her dermatology residency at the University of Minnesota Medical School. Additional training in translational and clinical research was subsequently supported with a fellowship from the Dermatology Foundation and then a National Research Service Award from the National Institute of Health. Dr. Hordinsky is Chair of the Clinical Research Advisory Council of the National Alopecia Areata Foundation, a member of the Scientific Advisory Board, Cicatricial Alopecia Research Foundation, and Secretary Treasurer to the North American Hair Research Society. Currently she is also President of the Association of Professors of Dermatology.

### **Christine Janus, BA, B.Ed, MBA, FICH**

Christine Janus, a new CARF Board member, is also the CEO of the International Alliance of Dermatology Patient Organizations (globalskin.org) and skin patient herself living with FFA and LPP. Until 2015 she was a passionate advocate for skin patients in Canada as the CEO/Executive Director for the Canadian Skin Patient Alliance and helped the Toronto-based Canadian Association for Scarring Alopecias CASA- a CARF group) with its start up. Recognized by Patient Commando as one of the top 20 Canadian Women Changing Healthcare in 2013, Christine believes in patient power and has won 5 national awards for her work in advocacy tools, and communication/education for patients via innovative websites, a dedicated magazine and awareness campaigns. Christine is an invited speaker on patient engagement both in Canada and internationally. She lives in Ottawa, Canada and is the fiercely proud mother of 3 fine young men.

### **Yolanda Lenzy, MD, MPH**

Dr. Yolanda Lenzy is a board-certified dermatologist specializing in medical, surgical and cosmetic skin and hair care for adults and children. Her research and clinical practice focuses on hair and scalp disorders and skin disease in skin of color. Her particular area of interest is Central Centrifugal Cicatricial Alopecia (CCCA). Dr. Lenzy is also a licensed cosmetologist and trains hairstylists how to identify the signs of hair loss in their clients.

### **Melissa Piliang, MD**

Dr. Melissa Piliang joined the staff at the Cleveland Clinic after dermatology residency and dermatopathology fellowship at the Cleveland Clinic. She is a graduate of Indiana University School of Medicine and holds a Bachelor's degree from Purdue University. Her areas of interest are general alopecias, androgen disorders, and dermatopathology. She has authored numerous scientific papers and textbook chapters. At Cleveland Clinic, she is Vice Chair of Education in the Dermatology and Plastic Surgery Institute and serves as associate program director for the dermatology residency and dermatopathology fellowship. Dr. Piliang is active in NAHRS, AAD and ASDP.

## SPEAKER BIOGRAPHIES

### **Nicole E. Rogers, MD**

Dr. Nicole Rogers is a board-certified dermatologist and fellow of both the American Academy of Dermatology and the International Society of Hair Restoration Surgery. She is in private practice in Metairie, Louisiana with Dr. Patricia Farris. Prior to that, she spent a year of fellowship in hair transplantation with Dr. Marc Avram. Her residency was at Tulane Medical School under the tutelage of Dr. Erin Boh. She enjoys discussing cases with expert dermatopathologist Dr. Lynne Goldberg and teaching hair loss and hair transplant to the derm residents. Most importantly, Dr. Rogers is excited to have all her mentors in one place at this year's CARF meeting!

### **Adriana Schmidt, MD**

Dr. Schmidt completed her advanced dermatology residency training at Vanderbilt University in Nashville, TN, where she also received her medical doctorate. She graduated Phi Beta Kappa and Magna Cum Laude from Brown University. Dr. Schmidt is board certified and a member of the American Academy of Dermatology, the Women's Dermatologic Society, the American Society for Dermatologic Surgery, and the North American Hair Research Society. She has worked with several of the internationally-renown leaders in hair loss and received a Women's Dermatologic Society Mentorship Award to do a clinical and research fellowship at the University of Bologna in 2009. She is a published author in several peer-reviewed journals and has volunteered her time to dermatologic support groups and free clinics. Dr. Schmidt also serves as the section head of Dermatology at St John's Hospital and is an adjunct faculty member at the John Wayne Cancer Institute. Dr. Schmidt is a native of Los Angeles. Dr. Schmidt has generously agreed to serve as the physician editor for the CARF newsletter.

### **Hatcho Semerciyan**

Let's Put Out the Fire

### **Antonella Tosti, MD**

Dr Antonella Tosti is Professor of Dermatology, Department of Dermatology and Cutaneous Surgery of the University of Miami since 2010. She is a founding member and past president of the European Hair Research Society and member of Board of Directors of the North American Research Society. She is author of over 650 scientific publications and several books on hair disorders.

### **Rita Wanser**

Rita has been a member of the Board of Directors for CARF since 2005, holding various positions and assuming the role as Chair in 2011. Her professional background is in Clinical Research and Medical Affairs, having experience across several therapeutic areas, including leading various hair re-growth projects. She has been a member of other non-profit boards. Rita holds a B.S. in Organizational Management and a M.S. in Psychology. She is married, with two sons, and lives in New Jersey.

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New Orleans CVB, REDKEN, Viviscal Professional

Thank you to the conference chair,  
**Dr. Nicole E. Rogers,**  
for all of her hard work and generous financial contributions to this conference.

Thank you to the CARF Board of Directors for their sponsorship of the Saturday afternoon coffee break.

Thank you to Rita Wanser for her generous donation of the bus to Tableau for Friday's reception.

Our thanks to Elayne Kuehler for the donation of her time to the local support group, talented artwork given for the t-shirt fundraiser.

The CARF Patient-Doctor Conference is successful because of the generosity of many individuals. Thank you to the presenting faculty, panel members, table hosts, volunteers, exhibitors, Board of Directors, and CARF staff for their many contributions.

Our thanks to the staff of the Hampton Inn & Suites New Orleans Convention Center Hotel

*We regret the omission of any names received too late for publication*