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CICATRICAL ALOPECIA RESEARCH FOUNDATION
6th International Patient-Doctor Conference
Embassy Suites Chicago Downtown Lakefront, Chicago, IL, USA
Friday-Sunday, April 4-6, 2014

The Cicatricial Alopecia Research Foundation (CARF) together with Dr. Victoria Barbosa and the CARF Chicago Patient Support Group, invite you and your family to attend a two-day educational conference. Learn more about the latest in research, treatment options, and network with other patients, loved ones and physicians.

Why patients, families, friends, physicians and nurses should attend:

- ❖ Learn more about the diagnoses and available treatments
- ❖ Discover the latest research breakthroughs for cicatricial alopecia
- ❖ Hear about cosmetic solutions
- ❖ Meet leading physicians and researchers in an informal setting
- ❖ Participate in small group discussions, network with one another and get support

Enjoy all of these important benefits with Chicago as the back drop. Be sure to take time to explore the wide variety of attractions this beautiful city has to offer.

FOR MORE INFORMATION: Go to www.carfintl.org or contact CARF HQ at info@carfintl.org or 1-310-801-3450



PRELIMINARY PROGRAM

Friday, April 4, 2014

5:00PM-7:00PM **Reception at Lucky Strike Chicago (River East Center, 322 E. Illinois St., Chicago, IL)** – Sponsored by the CARF Chicago Support Group. Join us! Meet your fellow conference attendees in a casual environment. Our reception will take place in the “Wine Room”. Passed hors d’oeuvres and cash bar. Pre-registration required (nominal fee). Lucky Strike is located next to Embassy Suites.

Saturday, April 5, 2014

8:00AM-9:30AM **Registration**

8:00AM-9:15AM **Meet & Greet over coffee**

8:00AM-5:30PM **Exhibit Viewing**

9:00AM-12:00PM **Opening Session**

9:00-9:05	Welcome	Ken Washenik, MD, PhD, Emcee
9:05-9:10	CARF Update	Victoria Barbosa, MD, MPH, MBA, Conference Chair
9:10-9:40	Overview of Cicatricial Alopecia	Rita Wanser, Chairman of the Board, CARF
9:40-10:00	Work-Up of Cicatricial Alopecia	Amy McMichael, MD, Wake Forest University
10:00-10:25	Medical Treatment of Cicatricial Alopecia	Jerry Shapiro, MD, University of British Columbia
10:25-10:50	Surgical Treatment of Cicatricial Alopecia	Vera Price, MD, University of California, San Francisco
10:50-11:00	Update on the Topical Gabapentin Study	Carlos J. Puig, DO, PHRC, Houston
11:00-11:30	Hair Care Products and Styling	Maria Hordinsky, MD/DanielGroth, Research Fellow, Univ of MN
11:30-11:55	Wigs and Hair Pieces	Jacque Tarrant, Chicago Mette Menotti, Chicago

12:00PM-2:00PM **Lunch on your own** – see packet for lunch options

2:00PM-3:30PM **Ask the Expert Panel** Moderator: Lynne Goldberg, MD

3:30PM-5:00PM **Coffee with the Experts – Round Table Discussions** – This is an opportunity for small group discussions on particular topics. These are not formal presentations. Come with your questions and dialogue with the experts and other conference attendees. Free flow to as many tables you like. “Table switch” will be announced at 4:00PM and 4:30PM. Exhibits will also be open at this time.

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| 1. Central Centrifugal Cicatricial Alopecia (CCCA) – Yolanda Lenzy, MD | 7. Men’s Issues – Jerry Shapiro, MD |
| 2. Coping with Hair Loss – Kesha S. Burch, MA, LCPC | 8. Supporting My Loved One – Jeff Conrad |
| 3. Eek! My Eyebrows & Eyelashes! – Ingrid Roseborough, MD | 9. Walking Away from Relaxers – Jacque Tarrant |
| 4. Frontal Fibrosing Alopecia (FFA) – Lady Dy, MD | 10. What’s Up With Wigs and Hair Pieces – Mette Menotti |
| 5. Laser and Surgical Treatment – Nicole Rogers, MD | 11. Newly Diagnosed – What Next? – Vera Price, MD |
| 6. Lichen Planopilaris (LPP) – Maria Colavincenzo, MD | 12. Anything Goes/Ask Any Question – Amy McMichael, MD |

5:00PM-6:00PM **Support Group Leaders Meeting** – Patient and physician support group leaders are invited to share strategies and best practices for facilitating CARF support groups.

7:00PM-8:00PM **Cocktail Reception** – cash bar

8:00PM-11:00PM **CARF Dinner**

Sunday, April 6, 2014

7:00AM-7:45AM **Yoga** – No additional fee. Pre-registration required.

8:00AM-9:15AM **Express Yourself Support Groups** – Come as you are, without your wig or hair piece if you choose, and spend time sharing and supporting other patients on their journey. No additional fee. Pre-registration required.

9:30AM-10:00AM **Research Update** Ken Washenik, MD, PhD, New York University

10:00AM-11:45AM **There’s More to Care For than Hair**

10:00-10:25	The Role for Integrative Medicine	Dominic Patawaran, MD
10:25-10:55	Nutrition and Inflammation	Sharon P. Foley, PhD, RD, LDN
10:55-11:15	Acupuncture and Oriental Medicine	TBD
11:15-11:40	Tools for Stress Management	Amanda Kleinman, MD
11:40-11:45	Closing Remarks	Mary Clay, MS

HOTEL RESERVATIONS

EMBASSY SUITES CHICAGO – DOWNTOWN/LAKEFRONT
511 N. Columbus Drive • Chicago, IL 60611 USA
Tel: 1-312-836-5900

Enjoy the convenience of this downtown Chicago hotel near Navy Pier, Magnificent Mile, Chicago River and Chicago's finest attractions. Showcasing spectacular views of downtown Chicago, the Embassy Suites Chicago - Downtown/Lakefront hotel near Michigan Avenue features upscale sophistication and more space to unwind and be yourself. Enjoy a relaxing stay in one of the spacious 455 suites featuring a private bedroom, separate living area with sofa sleeper, two 37-inch televisions, a refrigerator and a microwave. Enjoy nightly Manager's Reception in the bright and spacious open-air atrium featuring contemporary design, a 75 ft. long live eco wall and grand views of the city. Indulge in a complimentary cooked-to-order breakfast each morning.



The hotel is located in downtown Chicago at 511 N. Columbus Drive, between E. Grand Avenue and E. Illinois Street.

RESERVATIONS

Reservations by phone: Please call 1-866-866-8098 and reference Cicatricial Alopecia Research (**CAR**) to get our special rate of \$149 per night for singles and doubles, \$169 for a triple and \$189 for a quad. This rate will be available during the conference Friday/April 4, 2014 to Sunday/April 6, 2014, and can be extended three days before and after the conference. The special room rate will be available until March 11, 2014, or until the group block is sold-out, whichever comes first.

Reservations online: Reference the group code "**CAR**" in the group/convention field to receive the discounted rate. Go to: http://embassysuites.hilton.com/en/es/groups/personalized/C/CHIREES-CAR-20140403/index.jhtml?WT.mc_id=POG

Deadline: Reservations must be made no later than March 11, 2014. Rooms are available on a first-come, first-served basis. The rate for reservations made after the deadline will be subject to availability.

Payment: A credit card will be required to guarantee your reservation. The card will only be used to charge a no-show fee, if applicable.

Cancellations: Reservations may be cancelled without penalty up to 24 hours prior to the arrival date.

Check-in time: 3:00 pm **Check-out time:** 12:00 pm

LOCAL TRANSPORTATION AND PARKING

The hotel is 17 miles from Chicago's O'Hare airport (approximately 40 minutes driving – depends on traffic), 12 miles from Chicago's Midway airport (approximately 20 minutes driving – depends on traffic) and can be reached by taxi, shuttle service and public transportation.

Taxi: Approximately \$50 from Chicago's O'Hare Airport and \$40 from Chicago's Midway airport

Shuttle: GO Airport Express (www.airportexpress.com) rates begin at \$25 from Midway and \$30 from O'Hare Airports.

The "E" (Chicago's subway- CTA): less than \$3 each way but stairs and walking and/or transferring to a bus is involved. The Blue Line is accessible from O'Hare Airport. The Orange Line is accessible from Midway airport. For exact directions visit: <http://www.transitchicago.com/default.aspx> and use the "Plan a Trip" option.

Hotel Parking: Self-parking is available at hotel for \$39 per day, valet parking is \$55 per day.

Alternate parking: The following websites calculate parking rates based on entry and exit times:

<http://chicago.bestparking.com/> or <http://spothero.com>

REGISTRATION FORM

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

COUNTRY _____ E-MAIL _____

HOME PHONE: _____ CELL _____

*List names of attending family members/friends who you are registering below _____

Please indicate if you require special assistance: _____

IN CASE OF EMERGENCY CONTACT:

NAME _____ RELATION _____

PHONE _____ E-MAIL _____

Select your category: Patient Spouse/Family/Friend Physician Other

Yes, I am interested in volunteering at the conference. Please check if this will be your first CARF Patient-Doctor Conference.

How did you hear about this meeting? _____

CONFERENCE REGISTRATION FEES:	#Persons	Cost	Total
<input type="checkbox"/> Early Bird Registration, received by March 1, 2014		\$275, includes Dinner	\$
<input type="checkbox"/> Regular Registration, after March 1, 2014 and before March 25, 2014		\$325, incl. Dinner	\$
<input type="checkbox"/> Onsite Registration, after March 25, 2014 must register onsite		\$375, incl. Dinner	\$
<input type="checkbox"/> Spouse, Family Member, or Friend		\$150, incl. Dinner	\$
<input type="checkbox"/> Extra Saturday Dinner Ticket		\$75	\$
<input type="checkbox"/> Saturday Dinner Selection	<input type="checkbox"/> Chicken	<input type="checkbox"/> Fish (no shellfish)	<input type="checkbox"/> Vegetarian
<input type="checkbox"/> Friday Evening Reception – Lucky Strike		\$10	\$
<input type="checkbox"/> Sunday Morning Yoga – bring your own yoga mat		\$0	\$
<input type="checkbox"/> Sunday Express Yourself Support Group		\$0	\$
<input type="checkbox"/> Scholarship Donation* – allows someone the opportunity to attend the conference			\$
<input type="checkbox"/> General Donation to CARF*			\$
GRAND TOTAL			\$

*CARF is recognized as a tax-exempt charitable organization under the U.S. Internal Revenue Code 501(c)(3). Donations are tax-deductible to the extent provided by law.

THREE WAYS TO REGISTER:

- Online with Credit Card:** visit CARF's secure registration site. Go to: <http://www.carfintl.org/patient-doctor-conference.php> and click "Register"
- Paper Form with Check:** Make check payable to: *Cicatricial Alopecia Research Foundation*. US dollars only. Please write "Chicago Conference" on check. Mail check and registration form to: CARF, 303 West State Street, Geneva, IL 60134, USA
- Paper Form with Credit Card:** Fax: 1-630-262-1520, or mail to: CARF, 303 West State Street, Geneva, IL 60134, USA

Visa MasterCard AmEx Discover

Card Number _____ Expiration Date _____

Name on Card _____ Signature _____

CONFIRMATION and CANCELLATIONS: Upon receipt of your registration, we will send you a confirmation. If you do not receive an e-mailed confirmation letter, please contact us. Cancellations received by March 25, 2014, will be refunded, less a \$25 per person administration fee. **Cancellations are not refundable after March 25, 2014.**